



**Your Step-by-Step Guide to Making Your Move as Painless as Possible!**

Lorie Marrero, CPO®

*Author of **The Clutter Diet: The Skinny on Organizing Your Home and Taking Control of Your Life***

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## ABOUT THE AUTHOR

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Certified Professional Organizer® **Lorie Marrero** is the author of [\*The Clutter Diet: The Skinny on Organizing Your Home and Taking Control of Your Life\*](#). She is also the creator of [ClutterDiet.com](http://ClutterDiet.com), an innovative program allowing anyone to get expert help at an affordable price. Her organizing books and products are sold online and in stores nationwide. Lorie has been a spokesperson for Brother label makers, Microsoft, and FedEx Office, and she is a sought-after expert for national media such as CNBC, Good Housekeeping, WGN News and Woman's Day.

She invented the *SpaceScaping® Kitchen Organizing System*, which is an indispensable tool for organizing a kitchen during a move or major remodel. (available on the Clutter Diet website at [www.clutterdiet.com/kitchen](http://www.clutterdiet.com/kitchen))

Lorie moved her family eleven times in an eleven year period. Seven of these were corporate moves, four were local moves, and two were international moves. In the process of these moves she and her husband have built four homes, three of them custom, and somehow still stayed married. They live happily in Austin with their two boys and vow to never move again.

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## INTRODUCTION

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Thank you for purchasing our *Improve Your Move* eBook! My experience moving and setting up households, both in my personal life and in assisting our clients, has given me some great insight into this intricate process.



Of course, people always quote that moving is one of life's most stressful experiences, right up there with death of a loved one, divorce, and public speaking. My book is here to take some of that stress away by bringing you what I feel is the most helpful set of checklists, tips and guidelines—all from a Professional Organizer's point of view!

Happy moving!

A handwritten signature in cursive script that reads "Lorie".

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